



# Texas A&M Powerlifting

Recent news and events.

## Special points of interest:

- \* Highlights of recent meets
- \* Full listing of all meet results
- \* Endowment campaign
- \* Connecting with our alumni
- \* Upcoming events

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## 2015 USAPL Collegiate Nationals

Texas A&M Powerlifting took the 2015 USAPL Collegiate Nationals in Atlanta, Georgia by storm with outstanding performances across the platforms. They came into the meet as underdogs and left as the Men's Team National Champions and the 5th Place Women's Team.

Contributing to the success of the men's team was Stephen "Blake" Lehew (74kg), Nathan Westbrook, (105kg), Scott Dobbins (120kg), and Jesse Burttschell (120kg). Lehew, Westbrook, and Dobbins placed first in their weight classes while Burttschell placed second only to Dobbins. Lehew broke the collegiate and junior American deadlift records with a incredible 285kg (628lb) pull. Dobbins broke the collegiate and junior American squat

records with a massive 385.5kg (850lb) squat.

The women's team was lead by three-year veteran and defending national champion Ashleigh Andrews (84+kg). Andrews big bench of 165kg (363lb) broke the collegiate and junior American

## April 10th-12th, 2015

can records. Other contributors were Jenny Richardson (57kg), Sarah Davis (84kg), and Cheyenne Liles (84kg) who placed fifth, fifth, and third respectively.

We hope to build on this success even more in the coming year.



## 2015 IPF Junior Worlds

Placing at the top of their respective weight class at 2015 USAPL Collegiate Nationals earned Blake Lehew, Nathan Westbrook, Scott Dobbins, and Ashleigh Andrews a spot on Team USA and entry into the 2015 IPF SubJunior/Junior World Championships in Pra-

gue, Czech Republic. Each of the lifters placed 2nd, with several earning metals for individual lifts. Lehew earned a gold medal with his 220kg (485lb) bench and his 285kg (628lb) deadlift. Westbrook earned a gold in the deadlift as well with a 322.5kg (711lb) pull.

## August 31st-September 5th, 2015

Andrews earned silver in all three lifts with a 225kg (496lb) squat, 162.5kg (358lb) bench, and 182.5kg (402lb) deadlift. Dobbins earned the silver in squat with 387.5kg (854lb), and a bronze in deadlift with 315kg (694lb).

## 2015 USAPL Longhorn Open

Hosted deep behind enemy lines was the 2015 Longhorn Open where several members of the Texas AGM Powerlifting team successfully BTHD tu.



Team members competed raw and included: Hannah Malcomb (72kg), Cheyenne Liles (84kg), Jonathan Voltaire (83kg), Jeremiah Velasco (83kg), Austin Stephen (83kg), James "Auggie" Woodruff (93kg), Carleton Vangsness (93kg), Connor Qualls (105kg), and Jesse Burttschell (120+kg).

First place finishers include Malcomb, Liles, Voltaire, Woodruff,

## November 14th, 2015

Qualls, and Burttschell, Second place finishers include Velasco and Stephen.

We were excited to reconnect with several Texas AGM Powerlifting alumni at the meet including Tony Cardella, Olivia Harrington, Tiffany McKinney, Jennifer Moran, and Steven Soulen.

(Pictured is Jesse Burttschell, photo courtesy of Longhorn Powerlifting.)

## 2015 LA Collegiate Regionals

On a Friday afternoon, a record 48 members loaded up into passenger vans to take a road trip into heart of Cajun country; Abbeville, LA. The ULL Ragin' Cajuns hosted the LA Collegiate Regionals where, for the second year in a row, the Texas AGM Powerlifting team faced off against the ULL and LSU powerlifting teams.

This year the defending Men's Collegiate National Champions, the Fightin' Texas Aggies, came home with the first place men's trophy while the women's team placed second. Not

only did our team accomplish this, but we accomplished it lifting raw against equipped lifters!

First place winners include Kaylynn Beltran (52kg), Viviana Flores (84+kg),



Logan Grimm (59kg), Jonathon Pena (66kg), and Riley Woodruff (120kg). Second place finishers include Shelby Gray (57kg), Alex Chow (72kg), Kyndall Foust (84kg), and Tyler Logan (93kg).

Logan Grimm is the only Aggie, that we know of, that can squat AND deadlift three times his bodyweight raw, and he's only a freshman. Grimm squatted 180kg (396lb) and deadlifted 177.5 kg (391lb).

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**"Logan Grimm is the only Aggie, that we know of, that can squat AND deadlift three times his bodyweight raw, and he's only a freshman."**

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## Endowment Campaign: Contribute to the Success of Texas AGM Powerlifting

Thanks to hundreds of donations and hard work from many former members, Texas AGM Powerlifting proudly boasts the best collegiate training facility in the country. Now that our gym is as upgraded as it can be, we turn our attention to the lifters themselves.

This fall starts the campaign to raise funds to start an endowment that will have a lasting effect on the Texas AGM Powerlifting team for years to come.

A base sum of \$25,000 must be collected in order to start collecting interest off of this endowment.

Once established, the funds received from the endowment will go primarily towards a scholarship to be given to a member of the team. This scholarship would allow us to recruit lifters from out-of-state, because it waives the out-of-state tuition. Funds from the endowment could also be used for general club expenses like travel, lodging,

and entry fees.

If interested in donating to our endowment, please see the flyer enclosed. For questions, contact James Welford, whose contact is given on the flyer. Donations must be postmarked by December 31st, to be tax deductible for the 2015 fiscal year.

Texas A&M Powerlifting Fall 2015 Raw Meet Results											
Name	WT. Class	Squat	Bench	Deadlift	Total	Name	WT. Class	Squat	Bench	Deadlift	Total
2015 Raw Collegiate Cup						2015 USAPL Raw Nationals					
Nicholas Dunaway	83	145	100	192.5	437.5	Blake Lehew	74	227.5	165	272.5	665
2015 Longhorn Open						2015 LA Collegiate Regional - Men					
Hannah Malcomb	72	120	65	147.5	332.5	Eric Hernandez	59	120	85	170	375
Cheyenne Liles	84	125	67.5	142.5	335	Arnold Delgadillo	59	127.5	105	175	407.5
Austin Stephen	83	232.5	147.5	275	655	Logan Grimm	59	180	97.5	177.5	455
Jonathan Voltaire	83	210	142.5	277.5	630	Jonathon Pena	66	187.5	127.5	212.5	527.5
Jeremiah Velasco	83	202.5	122.5	260	585	Aaron Fox	74	112.5	105	115	332.5
Auggie Woodruff	93	242.5	152.5	245	640	Dan Daubendiek	74	130	90	185	405
Carleton Vangsness	93	180	107.5	202.5	490	Tristan Robles	74	152.5	120	175	447.5
Connor Qualls	105	205	160	242.5	607.5	Connor Laskie	74	135	130	182.5	447.5
Jesse Burttschell	SHW	282.5	210	300	792.5	Thomas Step	74	162.5	97.5	202.5	462.5
2015 LA Collegiate Regional - Women						Thomas Thompson					
Kaylynn Beltran	52	110	57.5	132.5	300	Eric Kershner	93	105	100	150	355
Shelby Gray	57	95	50	115	260	Jamil Hinedi	93	150	102.5	192.5	445
Amy Reyes	63	50	37.5	92.5	180	Farhan Siddiqui	93	162.5	100	227.5	490
Destiny Turner	63	85	40	110	235	Christian Tovar	93	175	142.5	225	542.5
Tori Pizzitola	63	110	55	112.5	277.5	Alex Gordon	93	192.5	132.5	240	565
Kaitlyn Mulkey	63	100	57.5	132.5	290	Tyler Logan	93	195	145	260	600
Alex Chow	72	72.5	37.5	100	210	Jerry Velazquez	105	137.5	80	137.5	355
Genesis Frazar	72	92.5	50	100	242.5	Riley Woodruff	120	275	137.5	267.5	680
Kyndall Foust	84	142.5	77.5	170	390	Greg Ormiston	120	175	125	200	500
Jessena Luna	SHW	97.5	60	110	267.5	Efrain Garcia III	120	192.5	150	210	552.5
Viviana Flores	SHW	152.5	92.5	155	400	Peter Hoang	120	210	160	197.5	567.5

\*All numbers in kilograms (kg).

"I went 9 for 9. By far my best meet." - Christian Tovar

"Only 5kg under what I did last year at Nationals, equipped." - Kaitlyn Mulkey

"My total was 50kg higher than I expected." - Greg Ormiston

"A year ago I totaled 324.7kg equipped. This year I totaled 335kg RAW." - Cheyenne Liles

"20kg total PR in one and a half months." - Jamil Hinedi

"Squat was a 10kg PR." - Kyndall Foust

Comments from the team on their performance at the meet from this fall semester.

### Current and Future Fundraising Endeavors

To pay our way to the 2016 USAPL Collegiate Nationals, hosted in Providence, Rhode Island, the members of our team participate in several fundraising opportunities through out the fall and spring semester.

A small part portion of our fundraising is through a t-shirt/apparel sale. This fall was successful, and we expect to have another one in the spring with new items like Texas A&M Powerlifting polos.

A staple of our fundraising continues to be judging

Texas High School Powerlifting meets in the spring. We are currently scheduled to judge at five meets including Bryan, Elgin, Giddings, Navasota, and Smithville. These meets are great ways to interact with potential future members of our team.

Another staple fundraiser of our team

is hosting the Aggie Showdown.. Currently scheduled for February 20th, 2016, this is the 10th year of the meet and we're hoping to make it better than ever.

We also had the opportunity to help set up the worlds largest card stunt that took place during the half-time of the Texas A&M/ Auburn football game on November 7th, 2015. Eighteen members of our team put in a combined 144 hours and laid out over 40,000 cards, earning the team a generous donation.





## Who We Are

Texas A&M Powerlifting  
Department of Rec Sports  
4250 TAMU  
College Station, TX 77843  
Email: tamupl@gmail.com

### 2015-2016 Officers

President: Scott Dobbins  
Vice President: Hannah Malcomb  
Treasurer: Sarah Davis  
Secretary: Jesse Burttschell  
Fundraising Officer: Cheyenne Liles  
Safety Officer: Austin Stephen

We're on the web!  
[aggiepowerlifting.com](http://aggiepowerlifting.com)

Texas A&M Powerlifting, formerly known as the Texas A&M Weight Lifting Club, is one of the oldest and now largest sport clubs here at Texas A&M University. Our purpose is to provide opportunities for members to compete in intercollegiate powerlifting. The objective of this organization shall be to establish and maintain a winning powerlifting program while developing educated, ethical, and responsible leaders. The objective shall be achieved through organized training and competition and through the advancement of this organization.



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Follow us on Twitter: [@AggieLifting](https://twitter.com/@AggieLifting)



Follow us on Instagram: [@aggiepowerlifting](https://www.instagram.com/aggiepowerlifting)

Connect with **Texas A&M Powerlifting** through the **Department of Rec Sports**.

Visit the following link and provide your contact info:

[recsports.tamu.edu/connect-with-rec-sports/](http://recsports.tamu.edu/connect-with-rec-sports/)

## Upcoming Meets

February 20th, 2016

USAPL Aggie Showdown—College Station, Texas

April 14th-17th, 2016

USAPL Collegiate Nationals—Providence, Rhode Island

April 2016

USAPL Texas State Championships



More detailed results from meets can be found at [usapl.liftingdatabase.com](http://usapl.liftingdatabase.com). More photos can be found on the social media sites listed above. Feel free to contact the team with any questions, comments, or concerns.

Thanks and Gigem!