



Texas A&M Powerlifting

Recent news and events.

Special points of interest:

- * Highlights of recent meets
- * Full listing of all meet results
- * New events
- * Connecting with our alumni
- * Upcoming meets

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2016 USAPL Collegiate Nationals



On the early morning of Thursday, April 14th, the Texas A&M Powerlifting started their trip to Providence, Rhode Island to compete in the 2016 USA Powerlifting Collegiate National Championship. This marked the first year for a classic raw division at the championship which led to a 71% increase in the number of lifters.

While Texas A&M Powerlifting did not bring any raw lifters to the competi-

tion, they did bring 35 equipped lifters compared to only 23 lifters in 2015.

Outstanding performances by Viviana Flores, Blake Lehw, and Jesse Burttschell lead to the success of both teams.

The women's and men's team took second place at this year's collegiate nationals, narrowly losing to t.u. and UTSA respectively.

Lehw broke the junior, collegiate, and open American deadlift record in the 74kg (163lb) weight class with a 315kg (694lb) deadlift. This deadlift was also an unofficial IPF junior world record. With that deadlift Lehw broke the

April 14th-17th, 2016

junior, collegiate, and open American total record with 807.5kg (1780lb).

Considering the team is very young, with only two members leaving, next year should be even more of a success.

The performances of Burttschell, Lehw, and Sarah Davis, earned them a spot on Team USA for the IPF Junior Worlds this fall.



2016 USAPL Texas State Championships

With the influx of several new members onto the TAMU PL team in the Spring of 2016, the team decided to take the majority of these members



down to San Antonio, TX for the USAPL Texas State Championships.

Many of the members that traveled and competed in San Antonio had never powerlifted before joining the team. Other members were seasoned veterans who wanted to compete raw and test their hard work they had put in over the last semester..

Regardless of skill level all members hit massive personal records, with

April 9th, 2016

many walking away with a first place medal and an experience to learn from for their next meet.



Beginning a New Tradition: Texas A&M Powerlifting Fall Tailgate

The members of Texas A&M Powerlifting spend many hours in the gym together preparing for our various competitions. Rarely do they take the time to relax, hangout, and get to know each other outside of the gym.

In an effort to better connect the members of the team to each other, to the alumni, and to family and friends, the Texas A&M Powerlifting team has decided to host a tailgate this fall at a

Texas A&M Football game.

The tailgate will be held October 29th, 2016 when the Fightin' Texas Aggies BTHD New Mexico State University. The tailgate will be on the lawn of the newly renovated Student Recreation Center.

All family and friends of Texas A&M Powerlifting are invited to attend. We especially encourage TAMU PL alumni to attend, current members of the

team need to meet those who established the solid foundation of the team we have today.

If you are looking to attend, more information will be sent out later at the beginning of the fall semester via email. Also look out for updates on our Facebook page.

If you aren't sure if you're on our email list, contact the team at tamupl@gmail.com.

2018 USAPL Collegiate Nationals to be Hosted by Texas A&M Powerlifting

For the year leading up to the 2016 USAPL Collegiate Body Meeting on April 15th, 2016, the leadership of Texas A&M Powerlifting had been working on a bid for the 2018 USA Powerlifting Collegiate National Championships.

As the first team to ever put in a bid, the logistics and presentation had to be thoroughly thought-out, carefully planned, and accurately presented in order to receive the votes needed to win the bid. With the efforts of many, this dream became a reality when the bid was awarded to TAMU PL.

The meet will be hosted in Hall of Champions on the west side of the newly renovated Kyle Field. The official dates being April 19th-22nd, 2018.

With this meet, the Texas A&M Powerlifting team hopes to start a new era in collegiate powerlifting. An era where the national meet is hosted on a collegiate campus, where the meet benefits collegiate teams, not individual meet directors, and where the revamped collegiate atmosphere continues to make

this the best meet in powerlifting history.

For a video tour of the Hall of Champions facility check out our Facebook page for the link.

“With this meet, the Texas A&M Powerlifting team hopes to start a new era in collegiate powerlifting.”



Wrapping Up the 2015-2016 Year

With the largest membership in recent Texas A&M Powerlifting history, outstanding performances by the team, and many new events planned, this year was definitely a year for the books. In true powerlifter fashion, the team gathered at CiCi's Pizza for an all-you-can-eat pizza buffet to celebrate a successful year. At the celebration awards and senior plaques were presented to members.

Voted on by the team, MVP honors was

awarded Blake Lehew and Viviana Flores for their performances at collegiate nationals. Selected by the officers, most improved went to Jesse Burttschell and Genesis Frazar. A new award was also given, Most Dedicated, to the male and female (excluding officers) who attended the most training sessions. That award went to first year members Jamil Hinedi and Kyn-dall Foust.

Graduating members included Jesse

Burttschell and Hannah Malcomb. Burttschell was a member of the team for three years and leaves with the bench, deadlift, and total TAMU PL team record for the 120kg class. Malcomb was a member of the team for two and a half years and holds the TAMU PL team record in the squat for the 72kg class.

All team records can be found on the TAMU PL website.

Texas A&M Powerlifting Spring 2016 Meet Results													
Name	Wt. Class	Placing	Squat	Bench	Deadlift	Total	Name	Wt. Class	Placing	Squat	Bench	Deadlift	Total
2016 USA Powerlifting Collegiate Nationals - Women							2016 USA Powerlifting Texas State Championships - Women						
Kyra Rodriguez	47	2	125	57.5	137.5	320	Leslie Sierra	57	1	80	40	100	220
Kaylynn Rojas	52	4	142.5	85	132.5	360	Brittany Snell	63	2	82.5	37.5	102.5	222.5
Shelby Gray	57	8	132.5	40	147.5	350	Alina Choo	72	1	105	65	120	290
Kaitlyn Mulkey	63	13	137.5	67.5	147.5	352.5	Alexandria Chow	72	1	127.5	47.5	125	300
Amy Reyes	63	16	112.5	60	130	302.5	Madison Price	84	1	92.5	55	127.5	275
Hannah Malcomb	72	6	187.5	97.5	162.5	447.5	2016 USA Powerlifting Collegiate Nationals - Men						
Genesis Frazar	72	15	150	70	155	375	Arnold Delgadillo	59	5	172.5	125	185	482.5
Sarah Davis	84	2	190	127.5	195	512.5	Eric Hernandez	59	6	165	107.5	185	457.5
Kyrdall Foust	84	3	200	107.5	185	492.5	Blake Lehew	74	1	280	212.5	315	807.5
Viviana Flores	84+	1	250	130	165	545	Connor Loskie	74	9	200	165	202.5	567.5
Jessena Luna	84+	6	155	102.5	150	407.5	Thomas Step	74	10	202.5	127.5	227.5	557.5
2016 USA Powerlifting Texas State Championships - Men							Jonathan Voltaire	83	8	282.5	172.5	280	735
Logan Herzog	74	1	-	130	-	130	Jeremiah Velasco	83	11	270	175	275	720
Nicholas Dunaway	83	4	152.5	105	197.5	455	Tristan Robles	83	28	200	145	207.5	552.5
Thomas Thompson	83	5	150	105	160	415	Jamil Hinedi	83	30	185	130	200	515
Albert Tran	93	4	150	105	155	410	Tyler Logan	93	11	255	157.5	252.5	665
Deunte Levine	93	2	182.5	140	227.5	550	Alex Gordon	93	14	217.5	157.5	267.5	642.5
Carleton Vangness	93	4	187.5	107.5	212.5	507.5	Kyle Meurer	93	19	220	137.5	232.5	590
Christian Tovar	93	1	185	140	230	555	Farhan Siddiqui	93	22	217.5	117.5	235	270
Jerry Velazquez	105	4	160	92.5	162.5	415	Jesse Burttschell	120	1	365	282.5	327.5	975
Colton Smith	105	3	187.5	132.5	187.5	507.5	Connor Qualls	120	9	262.5	192.5	242.5	697.5
Bohao Cheng	105	2	257.5	150	275	682.5	Peter Hoang	120	11	265	182.5	225	672.5
Armand Narvaez	120	1	227.5	175	272.5	675	Greg Ormiston	120	12	255	165	222.5	642.5

*All weights are in kilograms.

Current and Future Fundraising Endeavors

In the Fall of 2015 Texas A&M Powerlifting started an endowment that would be used for scholarships and general needs of the team. The campaign for that endowment lead us to brainstorm ways to fundraise the \$25,000 needed to fulfill the endowment. With that brainstorming came several ideas, and two that were expanded upon. One of these ideas was to host the 2018 USA Powerlifting Collegiate Nationals.

While the national meet would be a huge fundraiser, we realized that we should be doing fundraisers between now and then, and with that was born the idea for the 2017 AggieLand Showcase. This meet will be for Texas high school powerlifters, but will be hosted

on the campus of Texas A&M University.

2017 AGGIELAND SHOWCASE

JANUARY 28TH, 2017, TEXAS A&M UNIVERSITY

With this meet we hope to not only raise funds for the team, but to also take a more active role in recruiting incoming lifters into our program and to expose high school level lifters to collegiate powerlifting. Several collegiate programs across the state will be invited to participate in the meet, to make it more of an event and a

showcase, than just another meet.

Of course the team plans on hosting our usual USAPL Aggie Showdown. This past year the Aggie Showdown had around 150 lifters, the largest since its inception 10 years ago. The meet was a huge fundraiser and a great success. TAMU PL also continues to judge local THSPA and THSWPA meets to raise funds and use it as an avenue for interacting with high school lifters.

Since this coming year's collegiate nationals will be in San Antonio, TX our travel expenses will be significantly reduced, but by no means will our fundraising slow down. All funds will be funneled towards our endowment or preliminary expenses for hosting 2018 USAPL Collegiate Nationals.

“The campaign for that endowment lead us to brainstorm ways to fundraise the \$25,000 needed to fulfill it.”

Who We Are

Texas A&M Powerlifting
Department of Rec Sports
4250 TAMU
College Station, TX 77843
Email: tamupl@gmail.com

2016-2017 Newly Elected Officers

President: Scott Dobbins
Vice President: Blake Lehw
Treasurer: Auggie Woodruff
Secretary: Austin Stephen
Fundraising: Connor Qualls
Safety: Christian Tovar
Public Relations: Sarah Davis

We're on the web!
aggiepowerlifting.com

Connect with **Texas A&M Powerlifting** through the **Department of Rec Sports**.

Visit the following link and provide your contact info:

recsports.tamu.edu/connect-with-rec-sports/

Texas A&M Powerlifting, formerly known as the **Texas A&M Weight Lifting Club**, is a longstanding and still growing sport club here at **Texas A&M University**. Our purpose is to provide opportunities for members to compete in intercollegiate powerlifting. The objective of this organization shall be to establish and maintain a winning powerlifting program while developing educated, ethical, and responsible leaders. The objective shall be achieved through organized training and competition and through the advancement of this organization.



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Follow us on Twitter: [@AggieLifting](#)



Follow us on Instagram: [@aggiepowerlifting](#)

Upcoming Events

October 29th, 2016	TAMU PL Tailgate for Texas A&M vs New Mexico State—College Station, TX
December 3rd, 2016	2016 USA Powerlifting Southern Regional Championships—San Antonio, TX
January 28th, 2017	2017 Aggieland Showcase—College Station, TX*
February 18th, 2017	2017 USA Powerlifting Aggie Showdown—College Station, TX*
April 6th-9th, 2017	2017 USAPL Collegiate National Championships—San Antonio, TX

*Dates are tentative.



More detailed results from meets can be found at usapl.liftingdatabase.com. More photos can be found on the social media sites listed above. If you are an alumni or have any information on some of the history of the team please contact the team, we'd like to know more! Feel free to contact the team with any questions, comments, or concerns.

Thanks and Gigem!